Tension-type Headache: Classification, Mechanisms, and Treatment

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Tension-type headache is probably the most frequent presenting complaint to the majority of practicing neurologists, and Drs Olesen and Schoenen are correct. Tension-type headache is classified into three subtypes according to the International Headache Society (IHS) classification: TTH, CTTH, and CTH. Peripheral pain mechanisms are most likely to play a role in episodic tension-type headache, whereas central pain mechanisms are pivotal in chronic TTH. The efficacy of the prophylactic drugs is often limited, and treatment may be hampered by side effects. Peripheral and central mechanisms in tension-type headache: an update. Peripheral and central mechanisms in tension-type headache: an update. Peripheral and central mechanisms in tension-type headache: an update. The efficacy of the prophylactic drugs is often limited, and treatment may be hampered by side effects. Peripheral and central mechanisms in tension-type headache: an update.